



# **EVENING SPEAKER**

## **Amy Godfrey**

### **The Biscuit Chronicles**

Amy Godfrey has always been a little bit fat. Not fat enough to get her stomach stapled on the NHS but fat enough to get directed to the maternity section in M&S. She's been distraught, frustrated and addicted to chocolate Hob Nobs so now she's getting hysterical...and creative.

The Biscuit Chronicles is a bold and moving show that tackles the sticky-fingered question of the obesity epidemic and dieting with a spoonful of skepticism and a healthy helping of social theory. Amy Godfrey drags us kicking and screaming through comic monologues on the highs and lows of life in the fat lane, bravely baring all in the name of realistic expectations and critical thinking.

Currently working for the NHS and setting up her own food-based organisation, Amy draws on her MA Anthropology of Food, personal experience and career in the food industry to delve into fat, its meanings and causes.